TerraBella SHELBY

October 2025

AR Activity Room

DR Dining Room

SR Sun Room

MR Media Room

H Hallway

O Outing

R In Room

★ Special Activity

Resident-Led Activities

▼ Volunteer

SHELDI					Hallway	Volunteer
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Events Are Subject to Change			Sake Day 1 10:00 AR Bible Study w/ Ruth♥ 11:00 DR Piano Music w/ David Jarrett♥ 11:30 O Japanese Restaurant (Lunch)★ 1:30 AR October Puzzles 2:30 DR Bingo 5:00 DR Daily Chronicle	11:30 DR Chair Exercise 2:30 AR Manicures & Music 3:00 AR Orange Trivia 3:30 AR Checkers 5:30 DR Daily Chronicle 6:00 DR Chitchat Time	11:30 DR Friday Fitness Club 2:00 SR Wine Down Friday 2:30 ØR Bingo 3:00 AR Coloring 5:00 DR Daily Chronicle 6:00 R Weekly News	11:00 H Walking Club 1:30 DR Ledford Grove Baptist Church 4:00 AR Puzzles 6:30 R Movie
7:00 DR Devotions w/John♥ 10:00 H Power Walk 3:00 AR Bible Study w/ Willie Goforth 6:00 MR Evening TV	Consignment Day 6 10:30 DR Bible Study w/ John 11:30 DR Monday Cardio 2:00 ○ Shopping (Consignment Shop)★ 2:30 DR Bingo 5:00 DR Daily Chronicle 6:00 R Game Shows	Frappe Day 7 11:30 DR Tone It Tuesday 2:00 DR Senior Moments (Singing)♥ 3:00 O Starbucks (Frappe)★ 3:30 AR Coloring Pumpkins 5:30 DR Daily Chronicle 6:30 R Visit Your Neighbor	10:00 AR Bible Study w/ Ruth ♥ 11:00 DR Piano Music w/ David Jarrett ♥ 1:30 H Walking Club 2:00 AR Card Games 2:30 ØR Bingo 5:00 DR Daily Chronicle	9 11:30 DP Chair Exercise 1:00 PR Food Council w/ Carla★ 2:30 AR Manicures & Music 3:00 AR Cranium Crunches 5:30 DR Daily Chronicle 6:00 DR Chitchat Time	10 11:30 DR Friday Fitness Club 2:00 SR Wine Down Friday 2:30 DR Bingo 3:00 AR Coloring 5:00 DR Daily Chronicle 6:00 R Weekly News	11:00 H Walking Club 2:00 R Visit Your Neighbor 4:00 AR Puzzles 6:30 R Movie
7:00 DR Devotions w/John♥ 10:00 H Power Walk 3:00 AR Bible Study w/ Willie Goforth 6:00 MR Evening TV	Columbus Day 10:30 DR Bible Study w/ John 11:30 DR Monday Cardio 2:00 O Belk's (Shopping Towel Sale)★ 2:30 DR Puzzle Time 5:00 DR Daily Chronicle 6:00 R Game Shows	11:30 DR Tone It Tuesday 2:00 AR Musical Memories 2:30 AR Painting 3:30 AR Wacky Wordles 5:30 DR Daily Chronicle 6:30 B Visit Your Neighbor	I Love Lucy Day 10:00 AR Bible Study w/ Ruth♥ 11:00 AR Piano Music w/ David Jarrett♥ 1:00 Aprile Greve Inn (Morganton)★ 1:30 H Walking Club 2:00 MR "Love Lucy" Marathon 5:00 DR Daily Chronicle	Boss's Day 11:30 DR Chair Exercise 2:00 DR Resident Council w/Marilyn 3:00 AR Manicures & Music 4:00 AR Who Am I? 5:30 DR Daily Chronicle 6:00 DR Chitchat Time	17 11:30 DR Friday Fitness Club 2:00 SR Wine Down Friday 2:30 DR Bingo 3:00 AR Word Search Puzzles 5:00 DR Daily Chronicle 6:00 R Weekly News	9:00 O Apple Butter Festival (Aldersgate Church)★ 11:00 DR Hope Community Church♥ 2:00 R Visit Your Neighbor 4:00 AR Puzzles 6:30 R Movie
7:00 DR Devotions w/John♥ 10:00 H Power Walk 3:00 AR Bible Study w/ Willie Goforth 6:00 MR Evening TV	10:30 DR Bible Study w/ John 11:30 DR Monday Cardio 1:30	21 11:30 DR Tone It Tuesday 2:00 AR Manicures & Music 3:00 ○ Ride On Bus To See Fall Leaves ★ 4:00 AR Ring Toss 5:30 DR Daily Chronicle 6:30 R Visit Your Neighbor	10:00 AP Bible Study w/ Ruth ♥ 11:00 DR Piano Music w/ David Jarrett ♥ 1:30 H Walking Club 2:00 AR Painting 2:30 DR Bingo 5:00 DR Daily Chronicle	Horror Movie Day 23 11:30 DR Chair Exercise 2:00 MR Halloween Movie (Residents' Choice) 2:30 AR Manicures & Music 3:00 AR Board Games 5:30 DR Daily Chronicle 6:00 DR Chitchat Time		25 11:00 H Walking Club 2:00 R Visit Your Neighbor 3:00 DR Faith Baptist Church♥ 6:30 R Movie
7:00 DR Devotions w/John♥ 10:00 H Power Walk 3:00 AR Bible Study w/ Willie Goforth 6:00 MR Evening TV	10:30 DR Bible Study w/ John ♥ 11:30 DR Monday Cardio 2:00 AR Word Search Puzzles 2:30 DR Bingo 5:00 DR Daily Chronicle 6:00 R Game Shows	National Chocolate Day 11:30 DR Tone It Tuesday 2:00 AR Fun Facts About Chocolate 2:30 AR Chocolate Pudding 3:00 O Spooktacular Bus Ride★ 5:30 DR Daily Chronicle 6:30 R Visit Your Neighbor	10:00 AR Bible Study w/ Ruth♥ 11:00 DR Piano Music w/ David Jarrett♥ 1:30 H Walking Club 2:30 DR Bingo 3:00 AR Crafts 5:00 DR Daily Chronicle	11:30 DR Chair Exercise 12:00 AR Cranium Crunches 2:00 MR Movie & Popcorn 2:30 AR Manicures & Music 5:30 DR Daily Chronicle 6:00 DR Chitchat Time	All Day Halloween Party 31 11:30 DR Friday Fitness Club 1:30 AR Spooks & Ghouls Music 2:00 SR Wine Down Friday 2:30 DR Halloween Party★ 5:00 DR Daily Chronicle 6:00 R Weekly News	Birthday October 28- Marilyn Hamrick